

# Procedure Guide: Hyaluronic Acid Treatment

This guide provides information regarding hyaluronic acid treatment, including its purpose, procedure, and potential risks. Please feel free to ask any questions.

## ☑ Purpose and Procedure

Hyaluronic acid is a substance naturally present in the human body. It helps maintain collagen structures and supports skin moisture, lubrication, and elasticity. When injected into the skin, it integrates with the body's own hyaluronic acid, adding volume to the skin and reducing wrinkles. Our clinic uses only Allergan products, approved by the Ministry of Health, Labour and Welfare. The procedure is performed using a fine blunt needle. The time required for the procedure varies per individual but is generally within 30 minutes. The duration of effect depends on the type of product, lasting up to about 2 years. Additional injections can be given as needed based on skin condition, age, and preference.

## ☑ Risks

### **Embolism, Infection, Allergy**

Although extremely rare, complications such as embolism, infection, or allergic reactions have been reported. Our clinic takes every precaution to minimize these risks.

## ☑ Post-Procedure Progress and Possible Issues

### 1. **Bruising and Pain**

In the unlikely event that bruising or discomfort occurs, they generally resolve on their own within a few days to a few weeks. Makeup can be used to cover any temporary discoloration.

### 2. **Skin Circulation Issues**

Hyaluronic acid injections may compress or block blood vessels, potentially causing circulatory issues in the skin. If you experience increased pain or changes in skin color (such as whitening, red to purple spots, redness, darkening, or small bumps), please contact us immediately. Depending on the symptoms, it may be necessary to dissolve the hyaluronic acid. In such cases, there will be no charge for the dissolving agent, but the hyaluronic acid treatment fee is non-refundable.

### 3. **Allergic Reactions**

Allergic reactions may occur, either immediately or some time after the injection, causing redness or swelling. Dissolving the hyaluronic acid may be required, and no charge will be applied for the dissolving agent, but the treatment fee is non-refundable.

### 4. **Vision Impairment**

Although extremely rare, there have been reports of blindness. In Japan, no cases of blindness have been reported with hyaluronic acid products approved by the Ministry of Health, Labour and Welfare.

## 5. Asymmetry

Everyone has some degree of natural asymmetry. While complete elimination of natural asymmetry is not possible, we strive to achieve a balanced and aesthetically pleasing outcome that aligns with your natural features.

### Precautions

Please inform us in advance if any of the following apply to you. For conditions that require discontinuing medication, please consult with your primary care physician before the procedure. The procedure may be postponed based on your health condition on the day.

1. Pregnant or breastfeeding, or possibly pregnant.
2. History of allergic reactions to dental anesthesia or local anesthesia.
3. Taking anticoagulants or antiplatelet drugs (e.g., Warfarin, Aspirin, Iglarect, Bayaspirin, Plavix, Epadel).
4. Infections (herpes, acne, etc.) or dermatitis at the injection site.
5. Cardiac conduction disorders, severe liver impairment, porphyria.
6. Streptococcal diseases (e.g., recurrent sore throat, history of rheumatic fever).
7. Immune disorders or currently taking immunosuppressants.

### Post-Procedure Care (The following are general guidelines; please consult us for individual considerations.)

- **Shower, Face Wash, Bathing, Makeup:** Permitted from the day of the procedure.
- **Massage of the Treated Area:** Avoid for 1 month.
- **Exercise:** It is recommended to avoid on the day of the procedure.
- **Alcohol and Smoking:** It is recommended to avoid on the day of the procedure.

### Handling of Complications

In the event of any severe complications such as an allergic reaction or circulatory issues, we are fully prepared to take immediate action, including administering hyaluronidase or arranging emergency transport if necessary. Please note that any medical expenses incurred at another facility will be the patient's responsibility.

### Withdrawal of Consent

We value your comfort and satisfaction. Even after submitting the consent form, you may cancel the procedure before it begins. If you wish to cancel, please notify us. Our cancellation policy is designed to be fair and accommodate unexpected circumstances:

- **Cancellation within the allowed period:** No fee.
- **Cancellation after the allowed period:** 100% of the procedure and consultation fees will be charged.
- **Cancellation due to unavoidable circumstances** (e.g., natural disasters, other reasons with issued documentation) will only be exempt from fees if directed by our clinic.